

Eat Your Way to School

A lesson on the impact of WFP's school feeding programmes

Age Range: Grades 7-9, Ages 13-15

Subject: Math, Social Studies & Language Arts

Adapted from "Fighting Hunger the Rights Way" - [CBU Children's Rights Centre](#)

Overview

Mean, Median, and Mode, Critical Thinking, Writing to Summarize

Students will discover the impact WFP School Feeding Programmes have on children and youth in developing countries by comparing attendance records of these schools before and after implementation. Students will then reflect upon ways in which School Feeding addresses children's rights with reference to the United Nations Convention on the Rights of the Child

Aims & Objectives

- To demonstrate an understanding of central tendency and range
- To allow students to understand the effects of a WFP school feeding programme
- To increase student awareness of how School Feeding programmes meet children's rights

Preparation

- If possible, have the class WFP's educational video game, [Food Force](#), or read the [Food Force Overview](#) for the game
- Make copies of the Eat Your Way to School activity sheet
- Make copies of the [School Feeding Fact Sheet](#)
- Review the "[Little Book of Children's Rights & Responsibilities](#)" with your class, specifically looking at Articles 6, 24, 27 & 28. (You can also use the [poster](#) to hang in your classroom)

Instructions

1. Have students watch the video: "[School Meals](#)"
2. Discuss and list some of the benefits of school feeding identified in the video
3. Go over the [School Feeding Fact Sheet](#) with the class.
4. Pass out worksheet and allow students time to complete the activity
5. Have students answer the comprehension questions in **complete** sentences
6. Students should write a one page reflection on school feeding, specifically discussing the long term benefits to the community, and how these benefits relate to the United Nations Convention on the Rights of the Child.

Answer Key

	Before WFP School Feeding	After WFP School Feeding
Mean	5.83	16.25
Median	6.5	17
Mode	7	20



Name: _____

ATTENTION ALL *FOOD FORCE* TEAM MEMBERS:

WFP has recently introduced a school feeding programme in Sheylan schools. Through this programme, students who attend school will receive one nutritious meal. Many families cannot afford to buy all of the food they need, so sending their children to a school where they are fed is a great option. As part of this programme, students grow some of their own food. Students can use the farming skills they learn at school, at home, and in the future to ensure they can always feed themselves.

To ensure the programme is effective, we need to know if the mean, median, and mode of attendance for the four months prior to the programme are different than the mean, median, and mode of attendance for the four months during the programme. Below is a list of three schools and the average number of days students attended school. Compare what you have recorded and write a paragraph explaining your comparison. Once you have completed the paragraph, discuss in groups if you think the school feeding programme has done more than help children attain their right to food.

	Sept.	Oct.	Nov.	Dec.	Programme Introduced	Jan.	Feb.	Mar.	Apr.
School 1	5	7	7	9	---	15	17	20	20
School 2	4	4	8	10	---	12	12	18	19
School 3	1	2	7	6	---	10	15	17	20

Report calculations here:

	Before WFP School Feeding	After WFP School Feeding
Mean		
Median		
Mode		



Teachers and Students

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Name: _____

Answer the following questions in complete sentences.

1. List the 4 outcomes of school feeding.

2. Who are the key beneficiaries of a school feeding programme?

3. How many children go to school hungry and what would it take to prevent this from happening?

4. In your own words, explain the long term benefits of school feeding to societies. (continue on a separate page if necessary)



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